

Serial No.: 10/510,440  
Atty. Docket No.: P70107US0

IN THE ABSTRACT:

Please amend the abstract as follows:

--A ski binding, in particular for cross-country skiing, comprising having a sliding element ~~(142)~~ displaceable in the running direction, as well as at least two spring-loaded latching pins ~~(101)~~ movable ~~in transverse~~ transversely to the running direction for latching engagement in corresponding fittings in the tip region of the ski boot. Each ~~step-in mechanism~~, wherein each of the two latching pins ~~(101)~~ is carried by a spring-loaded molded part, the molded parts being ~~(109)~~ and the oppositely arranged relative to one another and ~~molded parts~~ ~~(109)~~ are guided in links of the sliding element ~~(142)~~.--